

Earth Hour

The Activity:

Simple activities to participate in Earth Hour

Activity Type:

Patrol Activity
Troop Activity

Roles:

Activity Leaders

The Crean Award:

Discovery:

Patrol Activity
Skills

Terra Nova:

Task/Role in Patrol
Patrol Activity
Environment

Endurance:

Planning
Develop Teamwork
Environment

Polar:

Patrol Activity
Environment

SPICES

Intellectual
Emotional
Spiritual



Plan

Earth Hour is a global movement, which brings millions together across the world to call for greater action on climate change. All it involves is switching off lights for one hour and organise events to show we care about the future of our planet. Earth hour is at 8.30pm on the last Saturday in March. Our planet is under threat from climate change and a staggering loss in biodiversity. Earth Hour is our chance to talk about what this means, and take action. Here are some simple actions suggested by World Scouting that you can take to participate in Earth Hour.

Do

Earth Hour activity:

Have an activity on the evening of Earth Hour, if you are indoors turn off all lights and electrical devices and run games using alternative forms of lighting. Better still go camping or bivvying and avoid the use of electricity altogether.

Say no to plastic:

The world throws away about 78 million tons of plastic every year, and a third ends up in the sea. By 2050 there could be more plastic in the ocean than fish. Get your Scout group together and commit to reducing your use of plastic. Carry your own water bottle, use a bamboo straw, and bring your own shopping bags. It's vital we all commit to stop using single-use plastic, such as straws, plastic cups, and clingfilm. Local solutions really can change the world.



Plastic-free promise

We the _____ Scout group, from _____ Meeting on / 2018.

Because we know that every bit of plastic that's ever been made is still around today, and it's building up in our oceans, our communities, and even our own bodies.

Therefore, We promise to:

Signed by:

My Carbon Footprint: You've turned your lights off, so what else can you do to reduce your impact on the environment. How do you get to school or work? How often do you buy new things? Have you ever planted a tree? Work out the size of each of your group's carbon footprint and make a commitment to reduce it.

Go plogging: Get your Scout troop together, give everyone a big bin bag and go for a plog! Plogging is a combination of jogging and collecting litter. It's your chance to get fit and clean up your environment at the same time.



Dealing with disaster: The changing climate has brought more natural disasters - from extremes of heat and cold to bush fires, torrential rain and flooding - devastating communities and the environment. What are the risks of natural disaster and what do you need to do to be prepared when disaster strikes? Why not arrange a visit to your local emergency services station to find out how they deal with disaster, and how you might be able to help.

Get back to nature: Get your group together and go on an expedition to find out more about the plants and animals in your local area. Think about how your senses help you create a picture of the world around you. Maybe you can take a barefoot walk, or put on a blindfold to examine a tree. Think about what you're experiencing and what nature is telling you.

Check out these sites for more suggestions:

scout.org/10-actions-Earth-Hour-2018

wwf.org.uk/earthhour

earthhour.org/earth-hour-2018-toolkit

Patrol Review

What did your patrol do to participate in Earth Hour?

How did you help the natural environment?

What commitment did you make to help fight climate change?

What SPICES are relevant?
Check them off on the next page

Review SPICES

Social

Relationships

Communication Skills

Other Cultures

Community Involvement

Promise and Law



Physical

Eat Well

Personal Hygiene

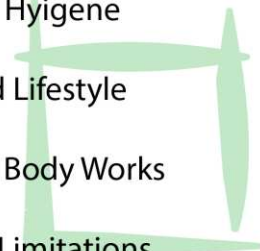
Balanced Lifestyle

How the Body Works

Physical Limitations

Health Choices

Access Help



Intellectual


Achieving Goals

New Ideas

Develop Creativity

Learn from Discussions

Team Member



Character

Promise and Law

Friends and Friendships

Plan before do


Ensuring Fairness

Respect

Differences and Views

Following Dreams

Live the Scouting Spirit



Emotional

Aware of Feelings

Asking/Giving Help

Responsibility for Emotions

Controlling Emotions

Going Further

Beliefs and Values

Developing Talents



Spiritual

Promise and Law

Impact on the Environment

Reflection

Changing Beliefs

